



# DECEMBER

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## FINAL TOURNAMENT GOLF SPORT CARNIVAL UUMISM

Issue 11

Sport Day 2023

[www.uumism.edu.my](http://www.uumism.edu.my)

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# EDUCATIONAL ODYSSEY:

## UUM INTERNATIONAL SCHOOL'S UNFORGETTABLE JOURNEY TO SINGAPORE



On December 5, 2023, the corridors of UUM International School buzzed with excitement as 23 students, guided by four teachers and a supportive staff member, embarked on an educational odyssey to Singapore.

The day unfolded with a visit to the iconic Merlion Park, where the mythical creature graced the skyline, offering a blend of historical significance and cultural richness





# SINGAPORE



The apex of their journey unfolded at the Singapore Science Centre, a haven of scientific wonders. Engaging with interactive exhibits and hands-on experiments, students transcended textbooks, imprinting the magic of science on their academic journey. Jewel Changi, with its architectural marvels and natural beauty, provided a breathtaking finale, illustrating the fusion of nature and innovation.

Against the vibrant tapestry of Singapore's culture, the day became a holistic educational experience, extending beyond traditional classrooms. The return journey at midnight carried not just tired bodies but minds enriched with newfound knowledge.

As the UUM International School group returned, the memories of Merlion Park, the Science Centre, and Jewel Changi became integral to their collective story of growth—a day etched in their memories, a source of inspiration for years to come.







# SPORT CARNIVAL

Sports Carnival Extravaganza: A Recap of Thrills and Triumphs







# SWIMMING SPECTACLE (27TH NOVEMBER)



The aquatic arena witnessed breathtaking displays of prowess as our swimmers showcased their talents across four styles: Free Style, Breast Stroke, Back Stroke, and Butterfly. A special shout-out to our dedicated coaches who molded these talents into champions!





# SPORTS

## Carnival



Greetings, sports enthusiasts! It's time to relive the excitement and accomplishments of our recent Sports Day, where passion, skill, and teamwork took center stage. Here's a roundup of the various competitions that unfolded over the past week.

### Swimming Spectacle (27th November)

- Freestyle Champions:
  - Ng Wen Xiu (Boys)
  - Yang Wan Hui (Girls)
- Breaststroke Champions:
  - Ng Wen Xiu (Boys)
  - Dhanya (Girls)
- Backstroke Champions:
  - Chan Kah Hin (Boys)
  - Chery (Girls)
- Butterfly Champions:
  - Jaiveer (Boys)
  - Yang Wan Hui (Girls)



***Congratulations to these outstanding athletes, and let's not forget to applaud all participants for their commitment and sportsmanship.***



### Badminton Battles (29th November)

The shuttlecock soared and racquets clashed as our badminton stars vied for victory.

- Individual Champions:
  - Girls Singles: Elise
  - Boys Junior Singles: Dhareveinz
  - Boys Senior Singles: Dilshan
- Mixed Doubles Champions:
  - Junior: Shayne and Elise
  - Senior: Samuel and Fazza
- Pro Category Triumphs:
  - Boys Pro: Yeo Min Xun
  - Pro Doubles: Yeo Cheng Yun and Yeo Min Xun

Kudos to all badminton players for their spirited performances!

### Athletic Feats and Board Game Bonanza (1st December)

The track was ablaze with speed and determination as athletes raced to victory.

- Sprint Champions:
  - Boys Junior 100m: Dharveinz
  - Girls Junior 100m: Angele
  - Boys Senior 200m: Declan
  - Girls Senior 200m: Yang Wan Hui
- Relay Royalty:
  - 4 x 100m Champions: Yellow Team (Dharveinz, Jerry, Enzo, Adrianna)

Board game enthusiasts also showcased their strategic minds, adding a cerebral dimension to the sports day festivities.



# SPORTS

## *Carnival*



### Telematch Thrills and Golf Triumphs (4th December)

The playing fields echoed with laughter and cheers during telematch, fostering camaraderie and teamwork. Simultaneously, golfers demonstrated precision and skill on the greens.

- Golf Tournament Champions:
  - Boys Senior: Skye
  - Boys Junior: Dhareveez
  - Girls: Dellaney



### House Standings

In the battle of the houses, the Green House claimed the title of the "Best House," showcasing remarkable unity and enthusiasm. However, the ultimate glory went to the Red House, securing the coveted title of the "Winner House."

A massive round of applause to all participants, coaches, and organizers for making this Sports Day a memorable success! Until next year, let the spirit of sportsmanship continue to inspire us all.





# COUNSELLING *Service*



The role of a school counsellor and counselling services within educational institutions revolves around fostering students' holistic well-being and enhancing their capacity to navigate life challenges effectively.

Counselling serves as a comprehensive tool aimed at improving students' mental and emotional health, addressing critical situations, and augmenting their overall functionality in various aspects of life.

Furthermore, school counsellors also assist students by identifying and harnessing their strengths while acknowledging and addressing areas that require development.

This process contributes significantly to refining their interpersonal skills and nurturing healthier relationships within their academic and social spheres.

Within the context of UUMISM, counselling approaches are tailored to meet specific student needs. These include individual counselling, brief counselling and group counselling to address the different needs accordingly.

This approach creates a conducive environment for students to thrive and flourish academically and personally. Career guidance at UUMISM is a part of these services and involves utilizing multiple theories and assessments, notably Holland's theory, which categorizes individuals into six personality types: Realistic, Investigative, Artistic, Social, Enterprising, and Conventional.

By utilizing this test, students can discover their inherent inclinations, aiding them in making informed decisions about their career trajectories. Additionally, we offer a range of other personality and mental health assessments tailored to students' specific requirements, such as tests for depression, anxiety, and stress.

These tools and services play a pivotal role in enhancing students' self-awareness, empowering them to navigate life's challenges more effectively and achieve greater success.







JUMISM SINGAPORE TRIP



Hard Rock  
CAFE  
Melaka